

[www.learntocruise.ca](http://www.learntocruise.ca)



Our live aboard programs are taught aboard our CS 30 The vessel is equipped with wheel steering, diesel engine and a full set of electronic navigation instrumentation.



*"The approach & delivery were spot on...pitch, timing and pace of instruction were ideal...a great week and a wonderful experience the constant presence and active engagement of the instructor are invaluable. The vast amount of helm time just lifts this live aboard training way beyond comparable shore-based rivals" MH ( Dive Instructor)*



### Courses offered

- *Boat Operator's Card*
- *Basic Cruising*
- *Intermediate (Bareboat) Cruising*
- *Advanced Cruising*
- *International Certificate of Competence*
- **Live aboard or Day Sailing - an educational vacation in the beautiful Kingston & 1000 Islands area**
- **Learn to sail and manage a keelboat confidently and safely**
- **Experienced, professional CYA certified and insured cruising instructors, we select the best!**
- **Private courses on your boat or ours are also available**



## Live Aboard

## Sailing Courses

Leading to  
**Canadian Yachting Association  
Basic, Intermediate and Advanced  
Certification and  
International Certificate of Competence**

**Phil Morris** Owner & Lead Instructor

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**Website: [www.learntocruise.ca](http://www.learntocruise.ca)**

## BASIC CRUISING

### Day Skipper Sail

This course will teach you the basic skills and knowledge required to helm and crew on a sailboat of up to 10 metres in length, safely under sail or power, in moderate wind and sea conditions. The course offers a combination of theory and practical sessions to prepare you with the skills to sail confidently in familiar waters.

#### Certification Awarded:

**CYA Basic Cruising &  
Boat Operator's Card (PCOC)**

#### Topics Include:

- Boat handling under sail/power
- Sailing terminology
- Basic weather and navigation
- Safety equipment and procedures
- Crew-overboard procedure
- Rules of the road
- Anchoring and docking

**Live - a**board**  
Course**

#### Courses - General Information

(for more information see the website)

#### Locations:

Free parking in Collins Bay Marina is available.

#### Course Fees:

Textbook, resource material and certification and registration are included in all fees

#### Live Aboard Courses

#### Format:

Basic and Intermediate are 6 days. You will sleep on the boat at anchorages and at another marina during the trip.

#### Cruising Grounds:

During your vacation course, you will be experiencing the best fresh water cruising grounds in the world; the beautiful Thousand Islands /Prince Edward County or North Channel areas

## INTERMEDIATE CRUISING

### Bareboat Skipper Sail

This course is for sailors who have their Basic Cruising Standard certification plus additional sailing time or have plenty of experience sailing in keelboats. The Intermediate Cruising live aboard course is highly recommended for people who are interested in chartering or owning a boat. It places an emphasis on practical training and skills for extended cruising.. **Practical portion of the ICC is now included at no extra cost!**

#### Certification Awarded:

**CYA Intermediate Cruising and/or IYT  
International Bareboat Skipper**

#### Topics Include:

- Cruise planning & living afloat
- Navigation using charts and compass
- Flying a cruising spinnaker
- Two crew-overboard methods
- Improving sail trim
- Dealing with the ship's internal systems
- Advanced docking and maneuvering

## ADVANCED CRUISING

### Coastal Skipper Sail

Also Available a 6-7 Day advanced course for the passage maker –see website for more details

We include an on-line learning course so that you can study the theory before you come on the practical course .

WE ALSO OFFER BASIC COASTAL NAVIGATION AND THE VHF RADIO COURSE

**[www.learntocruiseonline.ca](http://www.learntocruiseonline.ca)**

## INTERNATIONAL CERTIFICATE OF COMPETENCE

This course leads to the award of an ICC satisfying legal requirements for operators of most vessels on coastal waters of Europe and also, optionally, CENVI for inland waters

It is given as a stand-alone weekend (2 day) course where it is recommended that you already have Intermediate Cruising as well as Coastal Navigation . Or the exam can be taken (at extra cost) in conjunction with an intermediate course. **The practical portion is now included in the price of Intermediate**

**Details of all our courses including dates, availability and prices are on our website where you can reserve a course by credit card, Interac or PayPal**

**[www.learntocruise.ca](http://www.learntocruise.ca)**

**For more information please  
contact Wavelength Sailing  
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